



Essential First Aid Services

Automated External Defibrillation And Cardio Pulmonary Resuscitation

Over 170,000 people die in the UK each year from cardiac arrest. Research shows that in the event of this happening the best chance of survival is to be defibrillated within 5 minutes. You could raise a person's chance of survival from 5% to 80% if you have an automated external defibrillator and a trained operator at the site of the sudden cardiac arrest.

Who Should Attend

Any one who wishes to extend their emergency aid skills. You do NOT need any previous first aid knowledge

What Will They Learn

How and when to use the Automated External Defibrillator

Course Content

CPR
Heart Attacks
Operating your AED

Recovery Position
Getting to know your AED

Course Duration

4 hours

Course Price

£40+vat per person
minimum 10 people required for group bookings



Assessment

Continuous assessment throughout the course.

Contact Us On: **0845 257 7099**